



Annual Policy Notification

in accordance with

Federal Drug-Free Schools and Communities Act Regulations (EDGAR Part 86)

Spring 2019

The Drug-Free Schools and Communities Act (DFSCA) of 1989 - also known as the Drug-Free Schools and Campuses Act - requires institutions of higher education to establish [policies](#) that address unlawful possession, use, or distribution of alcohol and illicit drugs. The DFSCA also requires the establishment of a drug and alcohol prevention program.

All students, faculty, staff and visitors of Lubbock Christian University are encouraged to review the following information. This information will also be distributed electronically on an annual basis.

Standards of Conduct

Alcohol abuse among college students, both traditional and non-traditional, is one of the most pressing issues facing institutions of higher education across the country. The above policies regarding alcohol use are not intended to place judgement, add moral weight, or otherwise condemn those who legally consume alcohol. Instead, LCU's goal is to provide a framework which affords all students the best possible opportunities for success in their pursuit of higher education.

LCU strongly believes in community accountability and has resources such as medical services, student counseling, advice, and help in matters of life, including the potentially serious matters listed above. In some cases, student needs may exceed LCU's capacity to aid or help, and in such cases, the campus community may refer the student to off-campus help that will better assist the student.

The legal age for the consumption of alcohol is 21 years of age. Any underage student consuming alcohol is violating standards for student conduct.

Students living on campus should note that the LCU Residential Life has a zero tolerance policy when it comes to illegal drug use or possession.

The LCU Community Alcohol & Drug Policy applies to all students of the LCU Community, whether on or off-campus as a standard of living to be upheld at all times. In addition to these specific policies it will be a violation of the Community Alcohol & Drug Policy if a student is in violation of local, state, or federal law concerning alcohol, drugs, or controlled substances. The complete student policy may be found at:

<https://lcu.edu/resources/student-handbook/code-of-community-standards/#c6777>.

The employee policy and sanctions regarding alcohol and substance abuse may be found in the LCU Employee Handbook – 2.10.

<https://theportal.lcu.edu/Planning%20and%20Assessment%20Support/Policies%20and%20Procedures/2.1%20Employee%20Handbook.pdf>

Disciplinary Sanctions

Lubbock Christian University Conduct Tiers and Community Responsibility are found in the

Lubbock Christian University employee policy and penalties are in LCU's Handbook – 2.10

<https://theportal.lcu.edu/Planning%20and%20Assessment%20Support/Policies%20and%20Procedures/2.1%20Employee%20Handbook.pdf>

Health Risks

Specific serious health risks are associated with the use of alcohol and illicit drugs. Some of the major risks are listed below. For more information contact the LCU Counseling Center in SUB 202, or by calling 806.720.7478 (during regular office hours). You may also request an appointment via e-mail, sent directly to counseling@lcu.edu.

Alcohol and Other Depressants (barbiturates, sedatives, and tranquilizers)

Addiction, accidents as a result of impaired ability and judgment, alcohol poisoning, overdose when used with other depressants, damage to a developing fetus, heart and liver damage.

Marijuana

Impair short-term memory, thinking, and physical coordination. Can cause panic reaction and increase the risk of lung cancer and emphysema. Can interfere with judgment, attention span, concentration, and overall intellectual performance. Impairs driving ability. May cause psychological dependence and compromise the immune system.

Cocaine

Addiction, cardiovascular system damage including heart attack, brain damage, seizures, lung damage, severe depression, paranoia, psychosis. Similar risks are associated with other stimulants, such as speed and uppers.

Nicotine

Tobacco smoke contains thousands of chemical compounds, many of which are known to cause cancer. Nicotine, which is a central nervous system stimulant, produces an increase in heart and respiration rates, blood pressure, adrenaline production and metabolism. People can rapidly become physically and psychologically dependent on tobacco. Compromises the immune system.

Inhalants

Inhalants are a diverse group of chemicals that easily evaporate and can cause intoxication when their vapors are inhaled. Most inhalants are central nervous system depressants. Use of these drugs slows down many body functions. High doses can cause severe breathing failure and sudden death. Chronic abuse of some of these chemicals can lead to irreversible liver damage and other health problems.

Prescription Drug Abuse

Adverse reactions, dependency, withdrawal, and overdose.

Counseling and Treatment Options

A variety of resources exist for alcohol and other drug prevention education, counseling and referral. For detailed information concerning these resources available from the LCU and community agencies, students may contact the LCU Counseling Center or review resources at <https://chaplink.lcu.edu/counseling-center/alcohol-and-drug-awareness>

Drug and Alcohol Laws

Texas

- [Alcoholic Beverage Code Title 4. Regulatory and Penal Provisions Chapter 101. General Criminal Provision](#)
- [Alcoholic Beverage Code Chapter 106. Provisions Relating to Age](#)
- [Health & Safety Code Subtitle H. Public Health Provisions Chapter 161. Public Health](#)
- [Provisions Subchapter E: reports of gunshot wounds and Controlled Substance overdoses, section 161.042 - 161.403](#)
- [Health & Safety Code Subtitle C. Substance Abuse Regulation and Crimes Chapter 481. Texas Controlled Substances Act](#)
- [Government Code Chapter 2113. Use of Appropriated Money; Subchapter A. General Provisions](#)
- [TABC Underage Drinking Laws](#)

Federal

- [United States Drug Enforcement Agency](#)
- [National Institute on Alcohol Abuse and Alcoholism](#)
- [21 U.S.C. § 841: US Code - Section 841](#)
- [Title 21 United States Code \(USC\) Controlled Substances Act](#)

Drug & Alcohol Prevention

- Every student, between 18 and 25 years of age, who comes to the LCU Counseling Center for counseling engages in a drug and alcohol screening, and the results are addressed in their initial visit. This practice allows for many of our students to have their behaviors explored in a way that serves to bring awareness and education to bear on potentially harmful practices.
- RA Training- Counseling Center staff provide training sessions to RA's that address responsible alcohol use, symptoms of alcohol abuse/dependence, and on-campus/off-campus resources available for treatment. (August 2017)
- An informational session was held during new student orientation to discuss the LCU Community Alcohol and Drug Policy. The purpose of the session is to inform new students of the policy and the dangers associated with drug and alcohol abuse. (August 2017)
- Resident Advisors (RAs)- The Drug Enforcement Agency delivered a presentation titled "Drug Recognition & Drug Trends." The training was geared towards RAs who may come into contact with drugs, students under the influence, etc. (August 2017)
- KR Night- Residents of Katie Rogers Residence Hall were educated during the Annual "KR Night" regarding multiple topics facing young college students including safety while at parties and other places where alcohol and illicit drugs may be a factor. (September 2017)

- The LCU Medical Clinic hosted the annual LCU Health Fair in the Rhodes-Perrin Recreation Center. The display sponsors associated with to drug/alcohol abuse education were Mothers Against Drunk Driving, American Cancer Society, Nurses Educating on Illegal Drugs & Synthetics, Lubbock County Voices of Hope, The Ranch at Dove Tree Recovery Center, and Stages of Recovery, etc.. (September 2017)
- Street Smart- A presentation by experienced firefighters/paramedics that dramatically demonstrate the consequences of poor choices including drunk driving and drug abuse. (October 2017)

Resources

Student Affairs

- Dean of Students
Student Life Building SUB 212
806.720.7501

Residential Life

- Director of Residential Life
Student Life Building SUB 212 (A)
806.720.7507
- Johnson Hall Residence Director
Johnson Hall Office JH 108
806.720.8695
- Katie Rogers/Courtyard Hall Residence Director
Katie Rogers Office KR 151
806.720.8879
- Mabee Hall Residence Director
Mabee Hall Office MH 118

Public Safety

- Public Safety Office
Student Life Building SUB 206
806.796.8800
- Public Safety Patrol
Student Life Building SUB 206
806.928.6803

LCU Counseling Center

The LCU Counseling Center offers individual counseling, education, and intervention to students who abuse drugs, alcohol or any other substance. Clients provided services or may be referred to community services as deemed appropriate.

On-campus Resources

- BASICS (Brief Alcohol Screening and Intervention of College Students), a Harm Reduction Approach, is a preventive intervention for college students 18 to 24 years old. It targets students who drink alcohol heavily and have experienced or are at risk for alcohol-related problems such as poor class attendance, missed assignments, accidents, sexual assault, and violence. BASICS is designed to help students make better alcohol-use decisions based on a clear understanding of the genuine risks

associated with problem drinking, enhanced motivation to change, and the development of skills to moderate drinking. The program is conducted over the course of three brief interviews that prompt students to change their drinking patterns. The program's style is empathetic, non-confrontational or non-judgmental, and aims to (1) reduce alcohol consumption and its adverse consequences, (2) promote healthier choices among young adults, and (3) provide important information and coping skills for risk reduction.

- Counseling Center provides assessment, intervention, education, and referral sources for all members of the LCU community who experience problems or have concerns about their use of alcohol or other drugs. Anyone seeking counseling services is entitled to an intake or consultation counseling session free of charge. After the initial session, each subsequent session is \$10 each. Clients may be self-referred or be mandated through a variety of university departments. All services are provided by graduate students, licensed, or license-eligible counselors.
- Self-evaluation- Complete the Survey and see where you stand! This is an interactive web survey that allows college and university students to enter information about their drinking/drug use patterns and receive feedback about their use of alcohol/drugs. The assessment takes about 6-7 minutes to complete, is self-guided, and requires no face-to-face contact time with a counselor or administrator. The feedback provided is intended to help individuals assess alcohol consumption patterns or drug usage and determine the level of harm or level of risk for future harm regarding substance abuse. www.alcoholscreening.org
www.drugscreening.org
- Self-help resources- www.drugfree.org www.womenforsobriety.org
www.smartrecovery.org www.startyourrecovery.org

Off-campus Resources

- Support groups
 - AA meetings- www.nwta66.org/schedules/cities
 - Al-Anon & Alateen meetings- www.lubbock-al-anon.org/meetings.html
 - NA meetings- www.na.org/meetingsearch
- Inpatient Treatment
The Ranch at Dove Tree
www.ranchatdovetree.com
- Outpatient Treatment
StarCare of Lubbock
904 Ave. O
PO Box 2828
Lubbock, TX 79408-2828
(806)740-1421
Crisis Line: (806)740-1414

