

Professional Counseling Performance Evaluation (PCPE) Self-Evaluation: Final

Name

First

Last

Site Supervisor

First

Last

Site

Site Name Here

Course

Course

Choose course in which you are currently enrolled

Semester

Semester

Choose semester in which you are currently enrolled

Year

Year

Choose year in which you are currently enrolled

Rating Scale

N = No opportunity to observe

0 = Does not meet criteria for program level

1 = Meets criteria minimally or inconsistently for program level

2 = Meets criteria consistently at this program level

Communication Skills and Abilities

N012

1. I demonstrate the ability to establish relationships in such a manner that a working alliance can be created.

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2. I demonstrate effective communication skills including:

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a. Creating appropriate structure - setting the boundaries of the helping frame and maintaining boundaries throughout the work such as setting parameters for meeting time and place, maintaining the time limits, etc.

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b. Understanding content - understanding the primary elements of the client's story.

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c. Understanding context - understanding the uniqueness of the story elements and their underlying meanings.

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d. Responding to feelings - identifying affect and addressing those feelings in a therapeutic manner.

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e. Congruence - genuineness; external behavior consistent with internal affect.

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f. Establishing and communicating empathy - taking the perspective of the individual without over-

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identifying, and communicating this experience to the individual.

- g. Non-verbal communication - demonstrates effective use of head, eyes, hands, feet, posture, voice, attire, etc. (CCC)
- h. Immediacy – communicating by staying in the here and now. (CCC)
- i. Timing – responding at the optimal moment. (CCC)
- j. Intentionality – responding with a clear understanding of the therapist’s therapeutic intention. (CCC)
- k. Self-disclosure - skillful and carefully – considered for a specific strategic purpose. (CCC)

N012

- 3. I demonstrate awareness of power differences in therapeutic relationship and manage these differences effectively. (CCC)
- 4. I collaborate with an individual to establish clear therapeutic goals. (CCC)
- 5. I facilitate movement toward the individual’s goals. (CCC)
- 6. I demonstrate the capacity to match appropriate interventions to the presenting problem in a consistent manner. (CCC)
- 7. I create a safe environment. (CCC)
- 8. I demonstrate analysis and resolution of ethical dilemmas. (CCC)

Professional Responsibility

N02

- 1. I conduct myself in an ethical manner so as to promote confidence in the counseling profession. (CCC)
- 2. I relate to peers, professors, and others in a manner consistent with stated professional standards. (CCC)
- 3. I demonstrate sensitivity to real and ascribed differences in power between themselves and others, and do not exploit or mislead other people during or after professional relationships. (CCC)
- 4. I demonstrate application of legal requirements relevant to counseling training and practice. (CCC)

Competence

N012

- 1. I recognize the boundaries of my particular competencies and the limitations of my expertise. (CCC)
- 2. I take responsibility for compensating for my deficiencies. (CCC)
- 3. I take responsibility for assuring others' welfare when encountering the boundaries of my expertise. (CCC)
- 4. I provide only those services and applies only those techniques for which I am qualified by education, training, and experience. (CCC)
- 5. I demonstrate basic cognitive, affective, sensory, and motor capacities to respond to others. (CCC)

Maturity

N02

- 1. I demonstrate appropriate self-control (such as anger control, impulse control) in interpersonal relationships with faculty, peers, and others. (CCC)
- 2. I demonstrate honesty, fairness, and respect for others. (CCC)

- 3. I demonstrate an awareness of my own belief systems, values, needs and limitations and the effect of these on my work. ((
- 4. I demonstrate the ability to receive, integrate, and utilize feedback from peers, teachers, and supervisors. ((
- 5. I exhibit appropriate levels of self-assurance, confidence, and trust in own ability. ((
- 6. I follow professionally recognized conflict resolution processes, seeking to informally address the issue first with the individual(s) with whom the conflict exists. ((

Integrity

- 1. I refrain from making statements which are false, misleading or deceptive. ((
- 2. I avoid improper and potentially harmful dual relationships. ((
- 3. I respect the fundamental rights, dignity and worth of all people. ((
- 4. I respect the rights of individuals to privacy, confidentiality, and choices regarding self-determination and autonomy. ((
- 5. I respect cultural, individual, and role differences, including those due to age, gender, race, ethnicity, national origin, religion, sexual orientation, disability, language, and socioeconomic status. ((

My strengths are:

Type your text here

My areas of growth are:

Type your text here

Additional Comments:

Type your text here

Signature

Please use your mouse, or your touchscreen if you have those capabilities, and sign your name.