

## Department of Behavioral Sciences

### Faculty

- Michael Hardin, Ph.D., Chair
- Tonya Bonner, M.A.
- LaLani Carter, M.A.
- Carlos Perez, Ph.D.
- Andy Young Ed.D.

### Degrees

To earn a degree, students must complete the curriculum and meet other requirements for a degree listed in the academic policy section of this catalog.

- [Bachelor of Arts in Family Studies](#)
- [Bachelor of Arts in Psychology with a General Psychology emphasis](#)
- [Bachelor of Arts in Psychology with a Sport and Exercise Psychology emphasis](#)

### Bachelor of Arts in Family Studies

The of the family studies program is to prepare students for (a) professional careers in a variety of human service areas including child and family services, community mental health, consumer affairs, county and state extension, family life and parent education, and gerontology services; (b) leadership roles in church, school, and community; (c) effective functioning within families; and (d) graduate education.

#### A. University Core (45 hours)

- BIB 1310 Introduction to the Old Testament
- BIB 1320 Introduction to the New Testament
- BIB 3305 Christian Heritage
- BIB 3310 Christian Life
- COM 2340 Communication for the Professional
- ENG 1301 Composition Studies
- ENG 1302 Composition and Literature
- PSY 1300 General Psychology
- 3 hours from HIS
- FIN 2301 Personal Financial Planning
- ESS 1200 Personal Fitness and Wellness
- UNI 1170 University Seminar
- MAT 1311 College Algebra
- 3 hours from BIO, CHE, NRC or PHY
- ENG 3308 Technical Writing
- 3 hours from AFA, Arts History, ENG, GOV, HIS, PHI, REL, FOL, or BIL
- UNI 2000 University Skills

#### B. Major (39 hours)

- HSC 2310 Lifespan Human Development
- HSC 2330 Love, Courtship, and Marriage
- HSC 3305 Children, Families, and Social Policy
- HSC 3313 The Family
- HSC 3322 Gender and Sexuality
- HSC 3326 Family Stress, Crisis, and Resilience
- HSC 3328 Parenting
- HSC 4323 Family Life Education and Enrichment
- HSC 4324 Family Dynamics of Addiction
- HSC 4326 Family and Community
- HSC 4390 Practicum
- 6 hours upper level from PSY or HSC

## C. Supporting Courses (18 hours)

- HSC 3315 Ethics in the Helping Professions
- PSY 3310 Psychological Statistics
- PSY 3320 Social Research Methods
- SOC 1300 General Sociology
- SWK 2320 Social Justice
- SWK 2340 Human Diversity

## D. Electives (18 hours)

## E. Total (120 hours)

**Bachelor of Arts in Psychology**

The purpose of the study of psychology is to provide students an opportunity (1) to develop a better understanding of themselves and others, (2) to develop a broad base of knowledge about the field of psychology, and (3) to analyze critically psychological theories and principles from a Christian perspective. The psychology curriculum is designed to provide a core of knowledge about experimental, clinical, and counseling psychology. The program provides the flexibility that allows students to learn about psychology in multiple settings. The flexibility of the program allows students to emphasize the acquisition of useful life skills while preparing for graduate programs or vocational opportunities. An emphasis in Sport and Exercise Psychology is available.

## A. University Core (45 hours)

- BIB 1310 Introduction to the Old Testament
- BIB 1320 Introduction to the New Testament
- BIB 3305 Christian Heritage
- BIB 3310 Christian Life
- COM 2340 Communication for the Professional
- ENG 1301 Composition Studies
- ENG 1302 Composition and Literature
- PSY 1300 General Psychology
- 3 hours from HIS
- 3 hours from ECO, FIN, GOV, or HIS
- ESS 1200 Personal Fitness and Wellness
- UNI 1170 University Seminar
- MAT 1311 College Algebra
- 3 hours from BIO, CHE, NRC or PHY
- ENG 3308 Technical Writing
- 3 hours from AFA, Arts History, ENG, GOV, HIS, PHI, REL, FOL, or BIL
- UNI 2000 University Skills

## B. Major (39 hours)

## General Psychology Emphasis (39 hours)

- PSY 2310 Lifespan Human Development
- PSY 3301 Introduction to Counseling Professions
- PSY 3302 Counseling Theories and Techniques
- PSY 3303 Abnormal Psychology
- PSY 3327 Physiological Psychology
- PSY 3381 Social Psychology
- PSY 4302 Theories of Personality
- PSY 4304 Psychological Testing
- PSY 4305 Experimental Psychology
- PSY 4307 Learning, Cognition and Emotion
- PSY 4390 Practicum
- 6 hours upper level PSY

## Sport and Exercise Psychology Emphasis (39 hours)

- PSY 2310 Lifespan Human Development
- PSY 3302 Counseling Theories and Techniques
- PSY 3303 Abnormal Psychology
- PSY 3301 Introduction to Counseling Professions
- PSY 3327 Physiological Psychology
- PSY 3381 Social Psychology
- PSY 4302 Theories of Personality
- PSY 4304 Psychological Testing
- PSY 4307 Learning, Cognition and Emotion
- PSY 4390 Practicum
- ESS 3324 Sport in Society
- ESS 3335 Exercise Psychology
- ESS 3356 Sport Psychology

C. Supporting Courses (18-24 hours)

General Psychology Emphasis (18 hours)

- HSC 3313 The Family
- PSY 2340 Psychology of Diversity
- PSY 3310 Psychological Statistics
- PSY 3320 Social Research Methods
- SOC 1300 General Sociology
- SWK 2320 Social Justice

Sport and Exercise Psychology Emphasis (24 hours)

- ESS 2314 Human Movement
- ESS 3340 Motor Learning and Control
- ESS 3371 Physiology of Exercise
- PSY 3310 Psychological Statistics
- PSY 3320 Social Research Methods
- SOC 1300 General Sociology
- 6 hours from
  - ESS 3321 Leadership in Exercise and Sport Sciences
  - ESS 4330 Internship in Exercise and Sport Sciences
  - ESS 4350 Principles of Strength and Conditioning
  - ESS 4382 Lifespan Motor Development

D. Electives (18 hours)

E. Total (120-126 hours)

**Minor in Family Studies**

(18 hours)

- HSC2310 Lifespan Human Development
- HSC2330 Love, Courtship, and Marriage
- HSC3324 Marriage and Family Therapy
- HSC3326 Family Stress, Crisis, and Resilience
- HSC3328 Parenting
- HSC4323 Family Life Education and Enrichment

**Minor in Psychology**

(18 hours)

- PSY1300 General Psychology
- PSY3302 Counseling Theories and Techniques
- PSY3303 Abnormal Psychology

- PSY3310 Psychological Statistics
- PSY3381 Social Psychology
- PSY4302 Theories of Personality